

Name: \_\_\_\_\_

Sport/Activity: \_\_\_\_\_

Date of Positive Test: \_\_\_\_\_

Isolation End Date: \_\_\_\_\_

Symptom Onset Date \_\_\_\_\_

**COVID -19 Signs and Symptoms:** (check all that apply)

- Feeling feverish or temperature 100 or higher
- Lost of taste or smell
- Cough
- Difficulty Breathing
- Shortness of Breath
- Fatigue
- Headache
- Chills
- Sore Throat
- Congestion or Runny Nose
- Shaking or Exaggerated Shivering
- Significant Muscle Pain or Ache
- Diarrhea
- Nausea or Vomiting

**Fort Bend ISD Guidelines:**

Any individuals who themselves are test-confirmed to have COVID-19; must stay at home and cannot return to campus until they meet **ALL** of the following requirements:

1. At least 5 days since symptoms first appeared
2. Minimum of one day (24 hours) have passed with no fever (without the use of fever-reducing medication)
3. Other symptoms (cough, shortness of breath, etc.) that could be COVID-19 are improving

**University of Interscholastic League:**

**Return to Sports Criteria**

A student who has been diagnosed with COVID-19 must receive clearance from a physician prior to returning to participation in UIL marching band or athletic activities.

**Before your son/daughter can return to his/her sport/UIL activity after testing positive for COVID-19 he/she must receive a clearance from a physician:**

**Physician Clearance:**

**After your evaluation please select the appropriate blank:**

**A. \_\_\_\_\_ Student is cleared to return to Full Athletic Participation/UIL Activity without any restrictions.**

**B. \_\_\_\_\_ Student is cleared to begin the required Return-to-Play Protocol provided by the physician. The Return-to-Play Protocol must be attached.**

**C. \_\_\_\_\_ Student is not cleared.**  
Student must return to my office on \_\_\_\_\_ for further evaluation.

AND / OR

**Student is being referred to a cardiologist for further evaluation:** \_\_\_\_\_

**\*\*Mask wearing is strongly encouraged upon return.**

\_\_\_\_\_  
Physician's Signature Date

**Please place Physician Stamp Here:**